

## Resources for Scheduling and Reinforcement

**Visual Schedules:** Pictures and/or text are helpful to be used in conjunction with spoken language throughout the day. Visual schedules will increase the likelihood of comprehension when expectations, transitioning and redirecting. The use of a visual schedule will also increase the likelihood of independence. Individual will learn to independently follow a daily schedule throughout their day. At the start of the day or activity, set up what is expected to be completed for the day. Can cross off items completed through out the day to track progress or track progress through track progress through token board system (see templates below).

**Transitions:** Signal Activity Termination. Use of a timer to signal the end of a preferred activity. Also provide a verbal warning when they have approximately 1 minute left with the preferred activity.




**To Show Next Activity.** When transitioning, use pictures/schedule icons to communicate what activity is coming next.

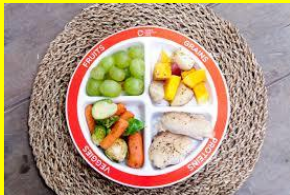
### DAILY SCHEDULE




<b>Before 9:00 am</b>	<b>Wake up</b>	Eat breakfast, make your bed, get dressed, put PJ's in laundry
<b>9:00-10:00</b>	<b>Morning walk</b>	Family walk, yoga if it's raining. While on walk count steps, identify items, sing songs with fill-ins
<b>10:00-11:00</b>	<b>Academic time</b>	<b>NO ELECTRONICS</b> Sudoku books, flashcards, journal, color by number, tracing, match block designs.
<b>11:00-12:00</b>	<b>Creative time</b>	Legos, magnatiles, drawing, crafting, make music, cook or bake, etc.
<b>12:00 pm</b>	<b>Lunch</b>	Set table, follow recipe (pictures or words), retrieve ingredients, serve to identified person,
<b>12:30</b>	<b>Chore time</b>	Wipe all kitchen tables and chairs/ door handles, light switches and desktops/ wipe bathroom sinks, toilets
<b>1:00-2:30</b>	<b>Quiet time</b>	Reading, puzzles, listening to music, listen to story, nap
<b>2:30-4:00</b>	<b>Academic time</b>	<b>ELECTRONICS OK</b> IPad, prodigy, educational games, educational shows

<b>4:00-5:00</b>	<b>Afternoon fresh air</b>	Bike, swing, play outside, scavenger hunt, sidewalk chalk
<b>5:00-6:00</b>	<b>Dinner</b>	Set table, follow recipe (pictures or words), retrieve ingredients, serve to identified person,
<b>6:00-7:30</b>	<b>Free TV Time</b>	Kid shows x3
<b>7:30-8:00</b>	<b>Hygiene</b>	Retrieve items, first/next
<b>8:00pm</b>	<b>Bedtime</b>	All kids
<b>9:00pm</b>	<b>Bedtime</b>	All kids who followed the daily schedule

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7:30-800	<b>Hygiene</b> 	Retrieve items, first/next
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**Schedule**  
(Can use pictures from above)

First	Then